TEMP° TRAQ®

Patient Quick Start Guide



Model Number	TT-100	TT-300
Operating Time (hrs.)	24	72



TEMP TRAQ®

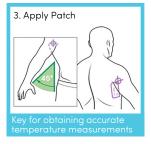
What is TempTraq

TempTraq is a continuous temperature monitor in the form of a comfortable, one-time use, disposable patch. TempTraq is applied in the armpit using a safe, gentle adhesive, and measures your temperature continuously, and sends it to anyone who has opted to receive your data and/or notifications. This enables them to continuously check your temperature and identify a fever earlier. TempTraq measures under-the-arm "axillary" temperature which is displayed in the TempTraq app.

Applying the Patch

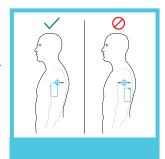






For Best Results

- Clean and dry the underarm skin to remove deodorants, lotions, or any skin application which can make the patch less sticky.
- The sensor marked "underarm" must be placed high and in the center of the armpit. Hold the arm out from the body at a 45° angle to find the center of the armpit. The patch will be more comfortable and stay in place better if placed vertically, as shown.
- Wait 8 minutes for the patch to warm up to body temperature. While your arm is comfortably at your side, the TempTraq patch will deliver correct temperatures. Temperature measurements can change in cold or hot room temperatures if the arm is not at your side.



- The smart device running the TempTraq Patient app needs to be within 40 feet (12 meters) of the TempTraq patch to receive temperatures. The smart device may need to be kept at a closer distance if there are objects between the patch and the smart device
- Individuals with large arms may accidentally cover the patch antenna, requiring the smart device to be kept at a closer distance.
- If you are not receiving temperatures from the patch on the smart device, move the smart device running the TempTraq app closer to the patch and keep the TempTraq app visible on the smart device screen.
- Please remove TempTraq before bathing or showering and replace afterwards.
- Please remove the TempTraq patch before having a medical test such as a CT Scan or MRI or a procedure such as Radiation Therapy. Replace the TempTraq patch after your medical test or procedure.

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Patch Placement Helpful Hints



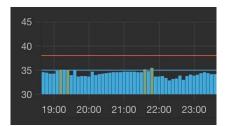
Correct patch placement:

Normal body temperature ranges from 97.0 - 99.0 °F (36.1 – 37.2 °C) and changes throughout the day. Lower temperatures may occur when the arm is raised.



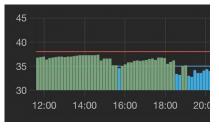
Correct patch placement:

Temperatures equal to or above the fever alert temperature are shown in red.



Incorrect patch placement:

Temperatures between 95.0 - 97.0 °F (35.0 - 36.1 °C) could mean the patch sensor is too low. Reapply the patch so that the sensor is high and centered in your underarm.



Patch moves out of position:

Patches that slip out of position will show a temperature drop of 1 – 2 °F (0.6 – 1.2 °C). Reapply the patch so that the sensor is high and centered in the underarm.

Downloading the TempTraq App

- 1) If you have an iPhone, go to the App Store on your mobile device.
- 2) If you have an Android, go to the Play Store on your mobile device.
- 3) Search for "temptrag patient".
- 4) "Install" the TempTraq Patient app.
- 5) "Open" the TempTrag Patient app.
- 6) Login with the following credentials provided by your healthcare provider:

a)	Hospital ID:
b)	Patient ID:
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- 7) There may be a pop-up in the application asking you to allow the TempTraq Patient Application to run in the background. Allowing this ensures that the application can provide continuous temperature data for your healthcare provider to review.
- 8) There may be a pop-up asking you to allow the TempTraq Patient Application to access Bluetooth location services. This must be enabled for the application to work properly. TempTraq does not monitor your location TempTraq uses Bluetooth location services to collect temperature data from the patch.
- 9) Swipe through a few introductory screens to learn more about the proper use of TempTrag and then press Continue to enter the application.



Patient Application Download











TempTraq Patient Application

The TempTraq patient application collects temperature data from the TempTraq patch, displays that information to the user and transmits that data to the TempTraq Connect secure backend.

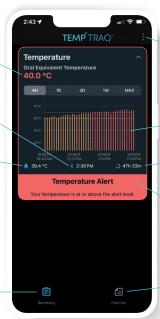


last temperature reported from the TempTrag patch

Bluetooth: time of the last Bluetooth transmission from the patch

Alert Temperature: alert temperature set by the clinician

Summary: main page of application showing most recent temperature information



Menu: access to Account, Demographics, Settings, For Best Results, Instructions and Website

Temperature History: graph of the last 4 hours of temperature data

Time Remaining: time remaining on the current TempTrag patch

Alerts and Status Messages: alerts and status information for the user related to temperature

Patches: listing of all TempTraq patches assigned to the user with access to historical data

TempTraq Phone Tips

The following instructions are provided to ensure that the TempTraq Patient application functions correctly.

Failure to follow these instructions may lead to missed temperature alerts for anyone who has opted to receive your data and/or notifications.

- The TempTraq Patient application must be running on the phone.
- Tap on the application icon occasionally to view the app and ensure that it has not closed.
- Keep the phone with you as much as possible to enable collection of data from the patch.
- Once you open the TempTraq Patient application it will remain visible on screen until you navigate away from it or put the phone to sleep.
- Plug the phone into its' charger whenever possible running the TempTraq Patient application may reduce your battery life.

Cyber Security Recommendations

TempTraq applications provide security by design. Released TempTraq applications on the iOS App Store or Google Play Store are not able to be modified.

Follow these tips to safeguard your TempTraq device and prevent unauthorized access and usage:

- Do not leave your connected smart device unattended when idle.
- Use passcodes for locking your connected smart device to prevent unauthorized access.
- Use the most recent versions of iOS and Android to ensure use of the most up to date security controls.

If you detect a cybersecurity incident affecting a TempTraq device or suspect one may have occurred, please immediately notify Blue Spark. Common examples of cybersecurity incidents include, but are not limited to, lost, stolen, or tampered with TempTraq devices.





Need More?

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Patent: www.temptraq.com/patents